

ERGONOMICS FOR SAFETY AND HEALTH PRACTITIONERS

ORGANIZED BY:



SUPPORTED BY:



FACILITATOR



T. HARI KRISHAN

BEng (UPM), MSc (UPM), Grad
I.E.M.
Ergonomics Consultant;
Ergonomics Trainer;
Certified NLP Practitioner;
Certified Time Line Therapy®
Practitioner.

REGISTER NOW

CONTACT:-

Nur Sabrina Mohd Nasir
HFEM Executive
Whatsapp: +60164221837
Email: sabrina@hfem.org

**A PROGRAM TO PROMOTE ERGONOMICS AWARENESS AMONG
OCCUPATIONAL SAFETY AND HEALTH PRACTITIONERS**

Objective:

- 1) To learn the principles of Ergonomics and their applications
- 2) To understand good working practices
- 3) To identify work tasks that may lead to pain or injury
- 4) To learn practical ergonomics solutions

Expected participants:

- 1) Safety and Health Officer/Executive
- 2) Safety, Health & Environment Officer/Executive
- 3) OSH/Ergonomics Consultant
- 4) Academician
- 5) Occupational Health Practitioners

DATE	: 18TH APRIL 2018
TIME	: 8.45AM-5.00PM
VENUE	: CIESH EXCELLENT ACADEMY, SERI KEMBANGAN, SELANGOR (GPS COORDINATE: 2.982558, 101.661108)
FEE	: 1) SINGLE REGISTRATION A) EARLY BIRD RATE, RM300.00/PAX (APPLICABLE FOR FIRST 10TH PARTICIPANTS) B) NORMAL RATE, RM500.00/PAX 2) GROUP REGISTRATION:- A) GROUP OF 3-RM870.00 (CODE: THEBESTTRIO) B) GROUP OF 5-RM1,400.00 (CODE: THEGREAT5)
CEP POINT	: 5 POINTS

TENTATIVE SCHEDULE

TIME (H)	TOPIC
0845-0900	Registration and breakfast
0900-1000	Introduction and Overview of Ergonomics
1000-1015	Morning break
1015-1115	Ergonomics Risk Factors
1115-1300	Hands on Exercise – Productivity and Posture
1300-1430	Lunch break
1430-1530	Hands on Exercise – Identification of Risk Factors
1530-1545	Evening Break
1545-1700	Implementing Ergonomics Controls

END OF SESSION